



## The Starting Block (Dev Roy, Founder)

Dear Readers,

Sporting fervor will grip our country during the month of October with the arrival of the controversial yet eagerly anticipated Delhi Commonwealth Games. With the eyes of the world watching, India will have to step up to the plate, both in terms of organization as well as on-field performances. Despite what is being said about the Games, I think this is an opportunity for us as Indians to celebrate our culture and our sporting potential, and make a mark on an International platform.

Delhi 2010 will benefit youngsters across India in three very important ways. First, the Commonwealth Games provide an excellent platform for Indian athletes to showcase their skills and prove themselves on the world stage. With a plethora of upcoming talent, ready to make the final leap and cross-over into World-Class sportspersons, what better occasion than the Delhi Games in front of a passionate home crowd. The quality of competition will be fierce and expectations on the Indian athletes will sky high, so the stage is set for a person to make himself a house-hold name. Second, the ethos of sports in India is such that we are constantly looking for heroes, role-models who will inspire an entire generation and ignite their passion. At the Commonwealth Games, ordinary athletes will transcend into icons, icons who will shape the future of our sports fraternity. Finally, the Games will bring some much needed attention to other sports in our cricket-crazy country, and hopefully encourage children to take up sports as a career or atleast as a hobby.

Let's come together with a positive outlook, and enjoy the sporting extravaganza that is upon us.

Till next time. Keep reading and Keep playing

Dev!

## Partnership in Practice

### Treamis World School:

Established in 2007, Treamis World School was set-up by a group of like minded people from across the globe, with a common passion for quality education. Since its inception, Treamis has become a leading educational institute, supplemented with state of the art infrastructure, challenging curriculum and a world class faculty. Located in Electronic City, Bangalore, Treamis World School provides its students an opportunity to pursue a CBSE (Indian) or IGCSE (Cambridge) syllabus, which ensures the integration of a global learning environment with local perspectives.

Treamis has modelled its education system on age appropriate and child centric curriculum that facilitate a rich combination of art, music, sports and fitness education along with a high level of individual attention. In keeping with this outlook, Treamis has partnered with LeapStart to provide a unique sports and physical education program for the well rounded development of each child. LeapStart is proud to team up with a reputed educational institute, whose focus on modern policies toward an enriching educational experience is a revolutionary approach.

We are so happy to watch our kids develop their multiple-intelligence as they are playing. Leapstart is doing a good job with the innovative, knowledgeable games. Wish they were here a decade ago when I was in school.

Mrs. Jacintha J.M.,  
Coordinator  
Kindergarten

There has been a humongous appreciation and tremendous response from the students to the program devised by Leapstart.

Dr. Sadhana, Coordinator  
Grade 6 and Above

The Leapstart program is completely loved and enjoyed by the kids of Grade 1 – 5. They truly supplement a very good academic education as per the age and specified needs of each child. It can be considered a fitness and fun program for the children

Mrs. Divya Sharma,  
Coordinator  
Grade 1 - 5



Children enjoying the LeapStart Program at Treamis World School

A hub of activities - St. Joseph's Boys High School Sports Day

## Re-Kindling Karnataka:

### MANTRI



The second edition of Karnataka's version of the IPL kicked off from the 16th of September at the Chinnaswamy Stadium to an electrifying atmosphere, where the passion of the crowd was only matched by the intensity on the pitch. The 15-day extravaganza ignited the domestic circuit and served as testament to the talent pool brimming in this cricket crazy state. The level of competition was fierce and with any one of the 8 teams capable of clinching the title, fans were treated to performances of the highest quality. From the first ball of the opening game to the fireworks in the nail-biting Final, Karnataka was home to an elite brand of cricket.

Season 2 witnessed quite a few changes in structure and personnel, to live up to the standards set in the inaugural edition. Armed with the lessons learnt from Season 1, coaches revamped their squads after careful scouting through the off-season. The addition of pink balls added another dimension to the already spicy T20 format. The healthy viewership along with significant support from sponsors made the tournament entertaining in more ways than one. If Season 1 was a success, Season 2 can only be considered a worthy successor due to an explosive combination of effective organization from the authorities and fearless play from the cricketers.

Perhaps the greatest contribution of the KPL to Karnataka Cricket is that it provides a platform for aspiring cricketers to showcase their skills. With 8 teams, there are far more spots available for talented individuals as opposed to just 15 in the State and Ranji teams. It has also given veterans an opportunity to play the game they love one more time. The Glory Days of Karnataka Cricket seemed to have passed with a number of the stalwarts announcing their retirement, but the KPL has infused fresh blood into an otherwise subdued system, to set Karnataka on its way to regain the top-spot of Indian Cricket.

LeapStart's very own Sudhir Rao and J.Arun Kumar competed for the second consecutive season at the Mantri KPL for the Mysore Maharajas and Belgavi Panthers respectively. We would like to congratulate them on their performances during the KPL 2010 and wish them all the best for their careers ahead.

### Leap Facts

Overcoming the Odds: Past Commonwealth Winners

- 1 Ian Thorpe was allergic to chlorine from a very young age, but this did not stop the water-king from following his dreams. He attributes his success to his strict training routine of 20 hours in the pool a week.
- 2 Paula Radcliffe, a marathon legend, has been diagnosed with asthma since her childhood. Just like everything else she took this in her stride, and through a disciplined routine of running 150 miles a week, she has reached super-stardom.
- 3 Steve Redgrave is perhaps the Greatest Rower and Olympian in History. Despite being dyslexic and having acute diabetes, he has done it all through sheer determination and dedicated training.

### Profile of the Month:



J Arun Kumar or "JAK" as he is affectionately called is one of Karnataka's most celebrated cricketers. Starting from an early age JAK graduated through the ranks of the domestic circuit, playing in U-12, U-16, U-19 and U-21 categories before breaking into the prestigious Karnataka Ranji Team.

Over the course of his career, he cemented his place as a gritty yet explosive opening batsman, and with more than 100 first class games under his belt, scoring nearly 20 hundreds along the way, Arun Kumar is without a doubt one of the finest cricketers Karnataka has ever produced. A gifted player with inherent leadership qualities he was a part of the Golden Generation of Karnataka Cricketers, and he has represented the India A team and the Bangalore Royal Challengers in the IPL, and his reputation in the domestic circles of Indian Cricket makes him a legend in his own right.

#### Q. When did you first start playing cricket?

A. I started playing when I was 8 years old, my father encouraged me to play the game and he was my first coach. He taught me everything about the game, and from the first time I hit the ball I was hooked onto cricket. Ever since then there has been no turning back.

#### Q. What is your greatest achievement on the cricket pitch?

A. Well I have so many memories from my career I wouldn't like to single out any particular moment. Right from my debut for the Ranji team to scoring my first hundred, getting selected for India A and playing my first IPL game, all of them have been unforgettable moments.

#### Q. Which was your most memorable innings?

A. I was playing for my company Air-India in Delhi, we were chasing 333 in a 40 over game, I managed to score a 187 not out. I will also never forget my 100 for the Ranji team in the Finals against U.P.

#### Q. Who is your favourite cricketer? Who has been the toughest bowler you faced?

Sir Vivian Richards. Batting against Glen McGrath was a very tough experience.

#### Q. Any other sport you would have liked to play?

No. It's only been cricket all my life. I love this game, I can't imagine playing another sport.

### Mindplay



**CONGRATULATIONS!**  
**VARUN MUTTAPPA,**  
the first ever winner  
of the MindPlay  
Quiz!!!

**Last month we asked you:** Who was the only woman athlete to represent India in swimming at the Sydney Olympics?

**Correct Answer: Nisha Millet.**

Wait for next month's edition and stand a chance to win some exciting LeapStart merchandise.

### Contact Us

LeapStart is a Sports & Fitness program that ensures fitness is a critical element in the academic and social development of children.

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